

CENTRAL UNIVERSITY OF KARNATAKA DEPARTMENT OF PSYCHOLOGY & Internal Quality Assurance Cell

Invites you all for a Webinar in the context of observing
"World Mental Health Day" on
9th October 2020 at 10:30 AM on Google meet

Guest Speakers



Prof. Girishwar Mishra

Former Vice-Chancellor, Mahatma Gandhi Antarrashrtiya Hindi Vishwa vidyalaya, Maharashtra Will deliver a special lecture on "Challenges and Possibilities in pursuing wellbeing in the contemporary world"



D Roopa Moudgil IPS., IGP.

Home Secretary, Govt. of Karnataka, Bengaluru Will conduct an interactive session on "How to remain motivated"

Time: 3.45pm

All Staff and Students are hereby invited to attend the session on Google meet

<u>Chief Patron</u>

Prof. H M Maheswaraiah,
Hon'ble Vice-Chancellor





Organizing Committee:
Dr. R. M. Channaveer
Dean, Students Welfare, CUK

Dr. Jeyavel, S. Asst. Professor, Dept. of Psychology

Dr. Rajkumar, E. Asst. Professor, Dept. of Psychology

Dr. Jyoti TegnoorMedical Officer, **CUK**

Miss. Greeshma R Research Scholar, Dept. of Psychology

> Miss. Monika Umakanth Student Alumna

Miss. Salmi Omagano Shikale Student Representative

Organizing Secretary
Dr. Vijyendra Pandey
Assistant Professor, Dept. of Psychology, CUK

Google Meet Link: https://meet.google.com/egf-qurt-iue